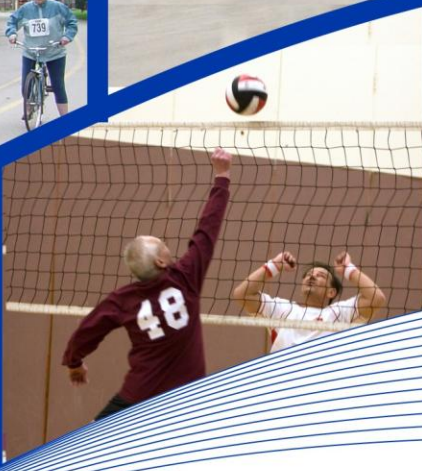




This is our time...

RENFREW COUNTY 55+
GAMES (DISTRICT 5)

SUMMER 2025



FOR INFORMATION CONTACT:

Val Hinsperger – valhinsperger@gmail.com 613 402-3408
Denise Lavallee – retldlavallee@outlook.com 613 433-9170

If you are unable to register on-line, print, sign and send all documents along with your entire payment (OSGA fee, district fee and games fee) to:

Val Hinsperger, Box 449 Eganville, Ont K0J 1T0

DISTRICT 5
WALKING EVENT SWILL BE
HELD IN CALABOGIE
ROUTE BEGINS FROM THE
COMMUNITY CENTRE ON
FRIDAY, MAY 23RD, 2025

COST PER PERSON

\$15 - Annual OSGA Membership Fee

\$ 3 – District 5 Games Fee

Submit your registration using the OSGA website no later than May 9th 2025. The OSGA requests you to register, sign waiver form, and pay annual membership fees online using OSGA database at <https://osga55plus.ca/>

Next Step:

District 5 Game fee and Event fee are to be e-transferred to :

renfrewcounty55@gmail.com

OR you can mail cheque with all completed/signed forms to:

Val Hinsperger, Box 449 Eganville,
Ontario K0J 1T0

First walk will begin at 9:00 and will include Prediction Walking followed by Prediction Nordic Walking. Routes will consist of a 1.5 km and a 3 km walk. Please advise which walk and what length of walk you are participating in. Denise will contact all those registered within a week from game.

Please note that no refunds are issued.